

Program Code _____ Zip Code _____ Initial letter of your first, middle, and last names _____

Please complete this survey before the start of your first Cooking Matters for Childcare Professionals training. Your responses will help us improve future trainings. Please be as honest as you can; there are no "right" or "wrong" answers. This survey should take 5-10 minutes to complete. Mark "Does Not Apply" if you do not know the answer or if it does not apply to your role. Thank you for your time!

***Throughout the survey, the term "healthy foods" or "healthy" refers to vegetables, fruits, low-fat or fat-free fluid milk and milk substitutes, whole grains, lean meats and water.**



In your job as a child care professional, how often do you typically...	Never	Rarely	Sometimes	Often	Always	Does Not Apply
...plan menus to keep within your daycare budget?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...adjust meals or snacks to use fruits and vegetables that are in-season?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...adjust meals or snacks to use food items that are on sale?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...use the "Nutrition Facts" on food labels to compare foods?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...use the same <i>healthy</i> * ingredient in more than one recipe?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...keep raw and cooked food separate to avoid the spread of germs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...prepare meals or snacks using <i>healthy foods</i> *?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...let children help prepare meals or snacks?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...offer fruits and vegetables to children in your care?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...let children choose from a variety of <i>healthy foods</i> * at the table?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...let children help serve meals or snacks?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...eat with children at the table?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...let children see you enjoy the same <i>healthy foods</i> * they are eating?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...engage children in conversation at mealtimes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...use foods-based activities with children in your care to teach children basic concepts about <i>healthy</i> * eating?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...talk to parents about the foods served and eaten?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Cooking Matters collects information about program participants to help us understand the audience that we serve. If you are uncomfortable answering questions 1 through 5, please select "I prefer not to answer" or skip that question.

1. How do you identify?

- ☐ Male
- ☐ Female
- ☐ Transgender
- ☐ Gender nonconforming/Genderqueer
- ☐ Gender fluid/non-binary/not exclusively male or female
- ☐ Intersex/intergender
- ☐ Something else fits better (specify)

- ☐ I am not sure of my gender identity
- ☐ I do not know what this question is asking
- ☐ I prefer not to say

2. What is your age?

- ☐ 14-17 years
- ☐ 18-59 years
- ☐ 60-75 years
- ☐ 76 years or older
- ☐ I prefer not to say

3. Are you Hispanic or Latino?

- ☐ Yes
- ☐ No
- ☐ I prefer not to say

4. What is your race (check all that apply)?

- ☐ American Indian or Alaskan Native
- ☐ Asian
- ☐ Black or African American
- ☐ Native Hawaiian or Pacific Islander
- ☐ White
- ☐ Other (please specify)

- ☐ I prefer not to say

5. What is the child care setting in which you work?

- ☐ Home-Based Child Care
- ☐ Child Care Center

6. What is your role in the child care setting in which you work? **Select all that apply.**

- ☐ Classroom staff
- ☐ Food service staff
- ☐ Administrative or support staff

7. How old are the children in your care (you may mark more than one)?

- ☐ 0-11 months
- ☐ 1 year old
- ☐ 2 years old
- ☐ 3 years old
- ☐ 4 years old
- ☐ 5 years old
- ☐ Older than 5 years

8. Does your child care setting get Child Adult Care Food Program (CACFP) or other reimbursement for meals served?

- ☐ Yes
- ☐ No
- ☐ I don't know